

Mental Health & Substance Misuse: Removing the Barriers



Llywodraeth Cymru
Welsh Government

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Workshop
May 15, 2019
Park Inn, Cardiff

A Healthier Wales (2018)

- Welsh Government long term vision to deliver a whole system approach to health and social care
- Wellbeing and prevention focus
- Key aims of integrating services, co-production and holistic approaches to treating physical and mental ill health, with £100m transformation fund to support improvements
- Shaped around four 'Quadruple Aims':
 - Improved population health and wellbeing
 - Better quality and more accessible health and social care services
 - Higher value health and social care
 - A motivated and sustainable workforce.

Together for Mental Health Strategy 2012-2022

- Sets out actions to improve mental health care from prevention through to specialist services
- Implemented through 3 delivery plans
- Includes actions across sectors and roles for all partners (health, social care, third sector, police, ambulance etc)
- Focus on joint initiatives that address needs in all domains of life
- The 2019-2022 delivery plan is going to public consultation soon
- Quality improvements to care and treatment planning and a review guidance feature in the draft actions

Substance Misuse Strategy- “Working Together to Reduce Harm 2008-2018”

4 Key Themes:

- Preventing harm
- Support for substance misusers – to improve their health and aid and maintain recovery
- Supporting and protecting families
- Tackling availability and protecting individuals and communities via enforcement activity.

New action plan being developed for 2019 publication, going to public consultation soon

The Substance Misuse and Mental Health Treatment Framework (2015)

- Developed with Stakeholders
- Guidelines for staff and expectations to be discharged through Area Planning Boards and local partnership boards. All regions have a workplan and report progress to Welsh Government
- Sets out requirement for clear pathways between services, workforce training, improved communication and methods to resolve disputes
- Plans are in place, however progress has not been as strong as hoped
- Exploring reasons why – there is a need to align substance misuse and mental health services more closely going forward and to consider structures



Workshop: National Partnership Board

- An April 2019 workshop was held on theme of co-occurring mental health and substance misuse

Themes explored included:

- The need to learn from stories of those with lived experience
- Access problems (both to mental health and substance misuse supports)
- Out of hours support (all services)
- Planned detox challenges
- Need for support for those that have low-moderate mental health needs / do not meet CMHT criteria
- Consideration of quality improvement initiatives
- Training for staff
- Looking at different supportive housing models

Welsh Government Joint Actions

- To be included in public consultation in both plans for Welsh Government to action
- Continue monitoring and supporting partners to deliver the substance misuse and mental health treatment framework
- Undertake a 'deep dive' analysis involving front line clinicians to look at the remaining barriers and good practice in this area
- Support to Housing First pilots
- Improving support to individuals who are homeless or at risk of homelessness and rough sleepers

Questions for Today

- 1) What role can partners play in addressing some of the gaps and delivering the framework?
- 2) How does your organisation interact with health / substance misuse services? Do you have clear pathways in place? If not, what is preventing these being established?
- 3) What more can be done to initiate action to deliver more joined up services?
- 4) What role can your team / organisation play in supporting this work?
One action to take away?
- 5) Is there a role for liaison services supporting those going to A&E with co-occurring issues?

Any Questions... Just Ask!



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