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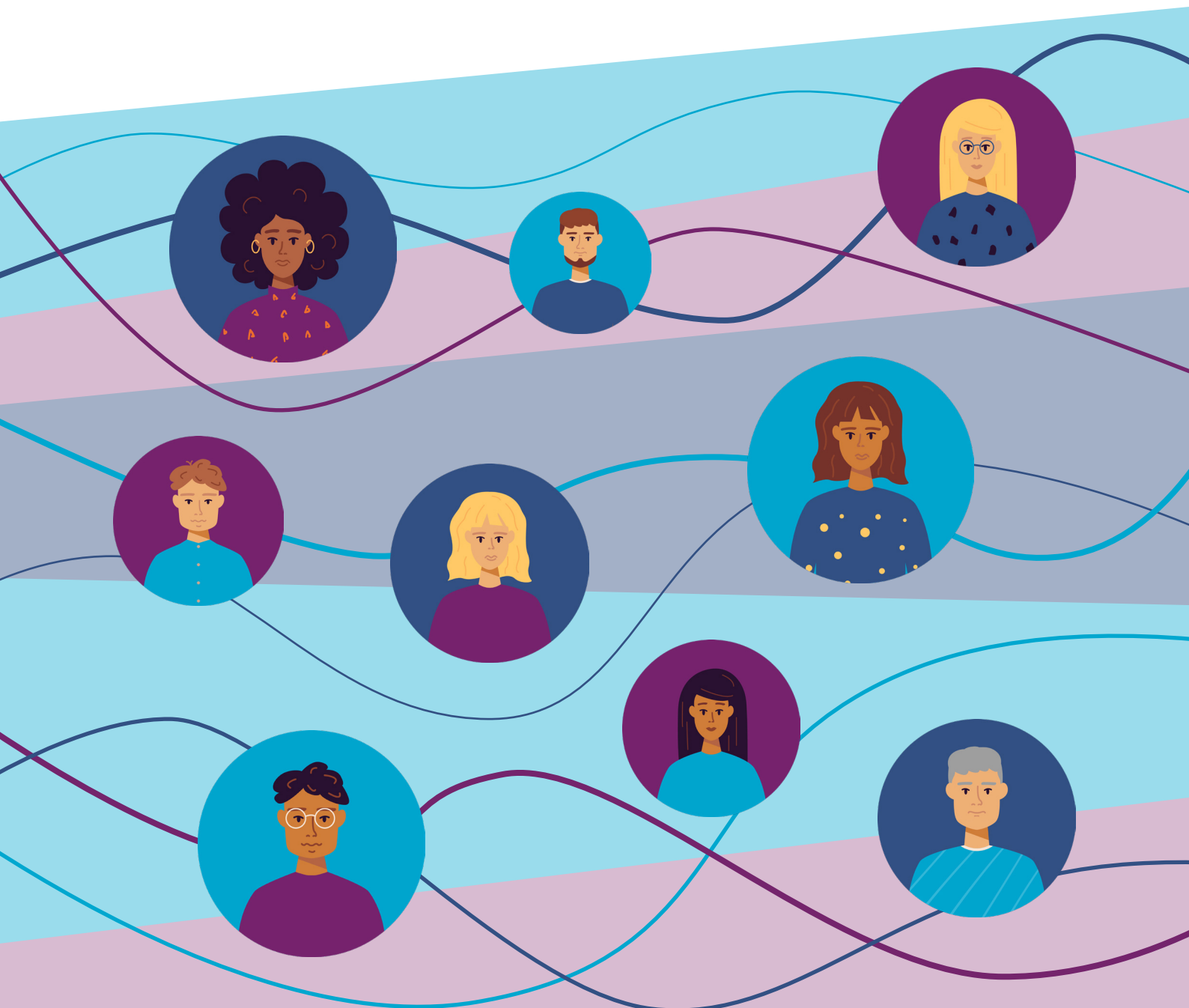
Iechyd Cyhoeddus
Cymru
Public Health
Wales



Inclusion Health Summit

Thursday 5 February 2026

Leonardo Hotel, Cardiff



Programme

9:30

Welcome and opening remarks

- Katie Dalton - Cymorth Cymru
- Dr Tracey Cooper OBE - Public Health Wales

9:45

Experts by Experience: The importance of inclusion health

- Experts by experience - Dreamers project

Listening to the voices of lived experience is an important part of the inclusion health approach, and we hope to set the tone for today's summit by hearing from experts by experience about the challenges they have faced in accessing health services, and the positive impact that inclusion health can have on people's lives.

10:00

The approach to inclusion health in Ireland

- Brian Kirwan - Health Service Executive, Dublin
- Dr Austin O'Carroll - GP in Dublin

We are delighted to welcome Brian Kirwan and Dr Austin O'Carroll to speak about the approach to inclusion health in the Republic of Ireland. Brian is the General Manager for Social Inclusion for the Health Service Executive (HSE) in Dublin, and Austin is a GP who has significant experience of delivering healthcare to marginalised communities, including people experiencing homelessness. In Ireland, the HSE has established a National Office for Social Inclusion, as well as providing dedicated budgets for social inclusion, and appointing regional leadership positions to deliver the ambition of reducing health inequalities and improving access to health services for under-served and socially excluded groups in Ireland. This session provides an opportunity to learn more about this approach, and consider whether elements of it could be adopted in Wales.

11:00

Refreshment break

11:30

Health Inclusion Capability Framework

- Michelle Hughes - Public Health Wales
- Rebecca Bullingham - Public Health Wales

Public Health Wales has been leading work to promote inclusion health throughout Wales, publishing a range of good practice guides and toolkits. We are really pleased to feature the new Health Inclusion Capability Framework at today's summit, and hope attendees can utilise the framework to embed this approach in their work.

11:40

Improving access to dentistry, optometry and pharmacy services

- Natalie Gerardo - Welsh Government

We are really pleased to be joined by colleagues from the Welsh Government, who are leading a project focused on improving access to dentistry, optometry and pharmacy services for parents who are less often heard or face barriers accessing care. They will outline the purpose of the research and encourage attendees to participate in a survey about the challenges facing the people they support, as well as how to make improvements.

11:50**Workshops****Embedding inclusion in open access mental health support**

- Chris O'Connor and Katie Cole - NHS Wales Performance and Improvement

Supporting survivors of sexual violence with complex needs

- Debbie Woodroffe - New Pathways

Health Impact assessment of Homelessness Bill

- Dr Benjamin Gray - Public Health Wales

12:50**Lunch and networking****13:30****Workshops****Embedding inclusion in open access mental health support**

- Chris O'Connor and Katie Cole - NHS Wales Performance and Improvement

Continuity of healthcare in the criminal justice system

- Fatima Sayed - Public Health Wales
- Peter Salami, Sadie Fosterjohn and Bethan Waites - HMPPS
- Amber O'Brien - BCUHB

How to improve approaches to involving Experts by Experience

Experts by experience and staff members from:

- The Dreamers project
- The Wallich
- Western Bay Lived Experience Alliance Forum

14:30**Learning from the development of CAVHIS**

- Dr Ayla Cosh - Cardiff and Vale Health Inclusion Service

We are delighted to welcome Dr Ayla Cosh to share learning from the development and expansion of the Cardiff and Vale Health Inclusion Service, which was established in 2021 and provides kind, respectful and dignified healthcare to marginalised communities. We will also hear how the service has been piloting the 'Ask and Act' approach, based on the duties within the Homelessness and Social Housing Allocation (Wales) Bill. This legislation is currently making its way through the Senedd and will require a range of public services, including health and criminal justice, to intervene when someone is experiencing or at risk of homelessness.

15:30**Closing remarks**

Share your views and ask questions during the conference:

- Scan the QR code, or
- Visit [slido.com](https://www.slido.com) and enter the number #050226